GRADE 7 | UNIT 2: SPORTS

TEXT 1 | A BUSY SPORTS WEEK

My name is Maya. I enjoy individual sports because I like challenging myself. I attend swimming practice on Mondays and Thursdays. On Wednesdays, I play tennis with my cousin, but we never play in rainy weather. My brother Leo prefers team sports. He plays basketball every Tuesday and Friday, and he usually watches football matches on Sundays. We both exercise at the weekend: I go jogging on Saturday mornings while Leo rides his bike. I sometimes join Leo for a ride, but he never comes swimming with me because he cannot swim well. We always rest on Sunday evenings to get ready for school.

1. According to the text, which of the following activities does Maya do twice a week regularly?

A) Cycling

B) Swimming

C) Jogging

D) Basketball

2. Which of the following is TRUE about Maya and Leo?

A) Both prefer team sports.

B) Leo swims with Maya at weekends.

C) They both do physical activities at weekends.

D) Maya plays tennis every Friday.

3. Which question is NOT answered in the text?

A) When does Leo play basketball?

B) Why does Leo avoid swimming?

C) Who goes jogging on Saturday mornings?

D) How long does Maya swim each time?

4. Which of the following best describes Leo?

A) He prefers sports played with teammates.

B) He never exercises at weekends.

C) He dislikes watching sports.

D) He plays tennis in rainy weather.

5. Maya and her cousin want to play tennis on Wednesday, but it is raining. What will they most probably do?

A) Play tennis outside as usual.

B) Cancel their outdoor tennis game.

C) Join Leo’s basketball team.

D) Go swimming with Leo.

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TEXT 2 | FIND YOUR SPORTS CLUB

GREENFIELD SPORTS CENTRE welcomes students aged 11–14. The basketball club meets on Monday and Thursday from 16:00 to 17:00. Members need comfortable sports shoes; the centre provides basketballs. The badminton club meets on Tuesday from 16:30 to 18:00. Students must bring their own rackets, but the centre provides shuttlecocks. The athletics club meets on Wednesday and Friday from 15:30 to 16:30. Students practise running and jumping outdoors, except when the weather is unsafe. All clubs cost the same monthly fee. Students must register by 10 September. A student can join only one club this term.

6. Deniz is free only on Tuesdays, and she has her own racket. Which club should she choose?

A) Basketball

B) Athletics

C) Badminton

D) None of the clubs

7. Which of the following do basketball members NOT need to bring?

A) Sports shoes

B) A basketball

C) Comfortable clothing

D) Their registration details

8. Which statement is TRUE according to the announcement?

A) The clubs charge different fees.

B) Athletics practice always takes place indoors.

C) Students may register after 10 September.

D) Students cannot attend two different clubs this term.

9. Arda finishes school at 16:15 every day. Which club could he attend from the start of every session?

A) Basketball only

B) Badminton only

C) Athletics only

D) Basketball and athletics

10. Which question CANNOT be answered using the announcement?

A) What age group can become members?

B) When does the athletics club meet?

C) How much is the monthly fee in lira?

D) Who provides shuttlecocks?

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TEXT 3 | TWO YOUNG ATHLETES

Ece and Kerem are classmates, but their training habits are different. Ece is a volleyball player. She trains with her school team three afternoons a week and does stretching exercises before every match. She thinks teamwork is more important than individual success. Kerem is a runner. He trains alone in the park four mornings a week. He keeps a notebook to record his running times and tries to improve a little each month. They both eat balanced meals and drink water regularly. Before a competition, Ece discusses tactics with her teammates, while Kerem checks his own progress. Neither of them believes that winning is the only reason to do sports.

11. Which of the following is a difference between Ece and Kerem?

A) Only one of them drinks water.

B) They practise their sports in different ways.

C) Only one of them prepares for competitions.

D) They both train with school teams.

12. Why does Kerem keep a notebook?

A) To write about his teammates

B) To remember volleyball tactics

C) To follow changes in his performance

D) To record the food Ece eats

13. Which of the following can be inferred from the passage?

A) Both students value benefits beyond winning.

B) Ece never stretches before games.

C) Kerem dislikes training in the morning.

D) Both compete in the same sport.

14. Which option completes the sentence correctly? “Before competitions, Ece _____, whereas Kerem _____.”

A) checks his times / discusses team tactics

B) eats unhealthy food / takes a break

C) runs alone / plays volleyball

D) talks with teammates / reviews his progress

15. Which of the following is NOT mentioned about the two athletes?

A) Their training frequency

B) Their eating and drinking habits

C) Their favourite professional athletes

D) Their ideas about winning

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TEXT 4 | A SPORTS SURVEY

A school magazine asked four students about their favourite activities. Ali said, “I play table tennis after school on Mondays. I enjoy fast games, but I do not like contact sports.” Selin said, “I go hiking with my family twice a month. We enjoy spending time in nature, but we avoid trips when it rains heavily.” Bora said, “I practise karate on Wednesdays and Saturdays. I like learning self-control and respect.” Duru said, “I attend dance classes on Tuesdays and Fridays. I enjoy moving to music, and I would like to perform on stage one day.” All four students say that being active helps them feel more energetic.

16. Which student would most probably enjoy a sport involving a racket and a small ball?

A) Ali

B) Selin

C) Bora

D) Duru

17. According to the text, who connects a physical activity with discipline and respect?

A) Ali

B) Selin

C) Bora

D) Duru

18. Which of the following is TRUE?

A) Selin hikes every weekend.

B) Duru has dance lessons twice a week.

C) Ali enjoys contact sports most.

D) Bora trains only on weekdays.

19. A student wants to join an outdoor family activity but checks the weather first. Whose interests are most similar?

A) Ali’s

B) Bora’s

C) Duru’s

D) Selin’s

20. Which statement expresses an idea shared by all four students?

A) Every activity requires special equipment.

B) All students want to become professionals.

C) Physical activity can increase their energy.

D) They all prefer exercising alone.

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TEXT 5 | THE SCHOOL SPORTS DAY

Last Friday, Hilltop School organised a sports day. The event started at 09:00 with a short warm-up session. First, the seventh graders joined a relay race. Each team had four runners, and every runner passed a baton to the next teammate. After the race, students could choose between a basketball skills challenge and a long-jump competition. There was no football match because the school field was being repaired. At noon, students had lunch and rested. The final activity was a friendly volleyball match between teachers and students. The students won, but everyone celebrated together. The headteacher thanked the volunteers for preparing equipment and keeping the sports area tidy.

21. What happened immediately before students chose between two competitions?

A) The volleyball match took place.

B) Students had lunch.

C) The relay race finished.

D) The headteacher made a speech.

22. Why was football NOT included in the event?

A) The field was under repair.

B) Students disliked football.

C) The teachers had no footballs.

D) It was raining heavily.

23. Which of the following is TRUE about the relay race?

A) Each student ran without a team.

B) Teams handed an object from one runner to another.

C) The relay took place after lunch.

D) Only teachers joined the race.

24. Which of the following is NOT mentioned in the text?

A) The first activity of the day

B) The winners of the volleyball match

C) The volunteers' responsibilities

D) The number of students in the long-jump competition

25. Which of the following is the best title for the text?

A) Why Students Avoid Sports

B) How to Become a Professional Runner

C) A Day of Sport and Team Spirit

D) The History of Volleyball

ANSWER KEY | CEVAP ANAHTARI

GRADE 7 – UNIT 2: SPORTS | 25 QUESTIONS

01. B	02. C	03. D	04. A	05. B
06. C	07. B	08. D	09. B	10. C
11. B	12. C	13. A	14. D	15. C
16. A	17. C	18. B	19. D	20. C
21. C	22. A	23. B	24. D	25. C